



Professional Nurses District 3

Winter NEWSLETTER 2007

Our Mission

- ◆ *To promote better understanding of professional nursing on the part of the public.*
- ◆ *Inform nurses of the activities of the professional nursing organization through the official publication of this district and other media.*
- ◆ *Foster high standards of nursing practice.*
- ◆ *To promote the professional and educational advancement of nurses.*

President's Message by Linda MacAuslan



Your District #3 Board of Directors wishes you a wonderful 2007!

We hope your Christmas and New Year's celebration was filled with joy and that you had a moment for relaxation and some fun. We are filled with much anticipation and expectation. We anticipated a great time at the mall as we partnered with the American Cancer Society for the holiday gift-wrap. Our expectations were met as we gathered together for a fun filled evening and wrapped the many surprises for the holiday shoppers. I especially remember the delight on one young boy as his gifts were wrapped for his family. He was shopping by himself and was delighted in his gift selections which he had made by himself.

We anticipate a great year for our dinner programs. Our Board members have decided that our theme for 2007 will be "The Art of Caring." We would like to focus on mentoring and helping nurses live healthy lifestyles. We agree that the focus of our district is mentoring, support and education. We would appreciate any thoughts that you, our District #3 members have concerning this.

We also anticipate a year of increased membership for our District. We would like to see our

membership grow by at least 10% this year. There are many benefits to membership in a professional organization. These include opportunities for professional growth and development, networking, and collegiality as we meet together for our dinner meetings, share our Newsletter and the information on our web site. Please continue to check our Newsletter for information on membership incentives.

We are anticipating our annual election. We invite you to review the information in the Newsletter and consider the opportunity to run for a position on the Board of Directors. This group is a wonderful professional group to work with. You will be energized with each meeting and you will have the opportunity for input into your profession and into your local District.

We are also anticipating with excitement our Annual Awards Dinner on May 9, 2007. Please mark your calendars and plan to join with us for the evening. We will keep you informed about the evening as we draw closer to the event.

On a final note, we would like to remind you of the opportunity to apply for the District #3 scholarship. Applications are due on June 1, 2007. The application is available on the web site at www.district3rn.org.

Best wishes for a joy filled 2007!

2007 General Meetings Theme: The Art of Caring

The General Meeting schedule will be:

May 9, 2007 Annual Meeting and Awards Dinner at the Corning Country Club

**September 2007 Dinner Meeting
Topic: Healthy Living**

**November 2007 Dinner Meeting
Topic: SPAN Informational Program**

Elmira College

**Be a Leader in the New Millennium
Earn a Bachelor of Science Degree**

- 2 Year Curriculum Just for RN's
- Individualized Clinical Opportunities
- Flexible Scheduling
- Free Transcript Evaluations
- Scholarships & Financial Aid Available
- Individuals who receive tuition reimbursement from employers may defer payment for coursework in the amount of reimbursement until completion of the coursework

**Nurse Education Program
(607)735-1890**

Current Board and Staff

Officers

President: Linda MacAuslan (2005-2007)

President Elect: Susan Gosden (2005-2007)

Vice President: Mary Sgarlata Adamus (2006-2008)

Secretary: Lisa White (2005-2007)

Treasurer: Barbara Goodwin (2006-2008)

Ex Officio: Margaret Hopkins (2005-2007)

Board of Directors

Rebecca BeCraft (2006-2009)

Karen Davis (2004-2007)

LouAnn DiPetta (2005-2008)

Rosalyn DuBois (2004-2007)

Darlene Farnham (2006-2009)

Theresa Hauptman (2004-2007)

Krystal Jubilee (2006-2009)

Carol Noyes (2005-2008)

Nominating Committee

Carol Fowler (2006-2008)

Janet Linderbery (2005-2007)

Linda Pasto (2006-2008)

Joyce Stehle (2005-2007)

Heidi Vail (2006-2008)

Newsletter

Lisa White

Karen Davis, Consultant

“Complicated Skin and Soft Tissue Concerns / Treatment Options” Dinner Meeting



Twenty-seven District 3 nurses turned out to hear Dr. Malanoski talk about the identification and treatment of complicated skin and skin structure infections at the Holiday Inn Express in Horseheads on November 9th, 2006. The definition of a complicated skin and skin structure infection is those infections that involve deep soft tissue, require surgical intervention, or are associated with significant underlying disease (e.g. Diabetes mellitus, peripheral vascular disease, peripheral neuropathy, or lower venous insufficiency). Using a hypothetical case study of a patient with an infected decubitus ulcer, Dr. Malanoski highlighted risk factors for antibiotic resistance, including admission from a nursing home, diabetes, renal insufficiency, and previous antibiotic treatment. Lab studies must be conducted on wounds, tissues and/or drainage to determine the organism and susceptibility to specific antibiotics.

In the antimicrobial era, the outcome of infections is determined by the interaction between three factors: the pathogen, the antibiotic, and the host. When looking at the pathogen, one must consider polymicrobial infections, the ESBL rate, the MRSA rate, and the VRE rate. For the host, determine if the patient is renally impaired, hepatically impaired, diabetic, penicillin allergic, elderly, has prior antibiotic exposure, prior hospitalization, or admittance from a nursing home. Finally, for the antibiotic, consider proven clinical efficacy, safety, tolerability, toxicity, dosing schedule, and total cost. Note that the first consideration must be clinical efficacy.

Dr. Malanoski reviewed several antibiotics and their efficacy in treating different types of infections. His talk provided all present with essential information to use when caring for our patients with complicated skin and skin structure infections.

Written by Barbara Goodwin

*** On a very special note, Dr. Malanoski turned down his honoraria for speaking; instead, he requested that it be donated to the District Nursing Scholarship fund. A Very Special Thank You! from all of us at District 3 Nurses Association!**



Watch upcoming newsletters for details on a unique membership drive campaign, with prizes and incentives for everyone!

2007 NYSNA District 3 CALL FOR NOMINATIONS

(This form may be duplicated)

In accordance with the By-laws, a call for nominations is being issued for elections in 2007 for officers, directors, and nominating committee members of the Professional Nurses Association District 3, covering Chemung, Steuben, Schuyler, and Tompkins Counties.

The Professional Nurses District #3 is searching for nominees for the following positions (Officers are elected for 2-year terms and Board of Directors for 3-year terms):

- President-elect
- Secretary
- Two members of the Board of Directors
- Two members to the Nominating Committee.

(See page 5 for duties and responsibilities of offices)

- Eligibility:**
1. Current membership (a person who is not a member may be nominated, but must join District 3 in order to be considered for election)
 2. A member may not hold more than one office at a time

The officers and board members regularly meet 10 times per year on dates that are set by the Board each year. Meetings are held at a location that is mutually agreed upon by the members. Officers and Board of Director's members are expected to be present at all regular meetings and, if possible, at special meetings that are held at the discretion of the Executive Committee. Anyone seeking office must be a current (dues paying member) of the District.

A signed consent and a brief biography from each nominee must be submitted to the nominating committee and received on or before March 5, 2007. The form below may be duplicated for additional nominees.

Nomination Form

I wish to nominate / run for the Office of _____
(If nominating self, please be sure to include a brief biography)

Name _____

Address _____

Home Phone # _____ Business Phone # _____

Consent to serve. I will serve if elected. _____ Signature

**Mail this completed form (and biography, if applicable) to:
Professional Nurses District #3, Attn: Jan Linderbery, Nominating Committee,
P.O. Box 1171, Elmira, NY 14902**

Must be received no later than March 5, 2007

Duties of the offices open for election

President Elect

The President – elect shall:

1. Serve as the Chairperson of the Program Committee
2. Assume the presidency in the elected time frame. President responsibilities include:
 - Preside at all district meetings
 - Serve as an ex-officio member of all committees except nominating
 - Represent the District at the Advisory Council meetings of the NYSNA
 - Serve as a representative of the District at NYSNA conventions and special meetings.

Secretary

The secretary shall:

1. Keep the minutes of all of the meetings of the District
2. Send notices of the time and place of meetings
3. Mail the annual election ballot
4. Notify officers, directors, and committee members of their election or appointment
5. Report to NYSNA the names of District officers to NYSNA
6. Preserve all papers, letters, and transactions of the District Board of Directors.

Board of Directors

The Board of Directors:

1. Transact the general business of the District including the establishment of policy
2. Adopt a budget and authorize payment of legitimate expenses
3. Fill vacancies on the Nominating Committee, the Board, and chair standing committees as appropriate.

Nominating Committee

The Nominating Committee will:

1. Develop a slate of officers to fill vacant positions.
2. Present the ballot to the Board of Directors at the March meeting.
3. Publish biographical data for each nominee.

If you have any questions, please feel free to contact any member of the nominating committee listed on page 2. Elections will be held by mail ballot



Carolyn Britton Nurse Excellence Award

It is time for the Professional Nurses of District 3 to nominate individuals for the 22nd Annual Carolyn Britton Nurse Excellence Award to be presented in May at our Annual Meeting. Award nominees may be any Registered Professional Nurse living in or practicing in our district (which includes Chemung, Schuyler, Steuben and Tompkins Counties) that you feel demonstrates qualities that all nurses should emulate. Candidates for this award are skilled practitioners, as well as advocates for patients, families and the nursing profession. All nominees will be asked to complete an application describing their nursing practice for submission to the selection committee. The District must receive nominations no later than **March 16, 2007**. All nominees will be guests of the District at the Annual Meeting on May 9th, 2007 and will receive a one-year free membership to our organization.

If you know someone who you wish to nominate, please fill out the form below or e-mail Lisa White, Selection Committee Chairperson, at lwhite@aomc.org with the nominee's name, address, telephone number and place of employment along with a brief explanation of why the nominee should be selected for this award. Please include your name, address and phone number. All sources will remain confidential.

Please take the time to recognize a deserving nurse whose practice you have come to admire.



Carolyn Britton Nomination Form

I wish to nominate _____ for the 2007 Carolyn Britton Award.

Nominee's Address:

Nominee's phone #: () _____ Place of employment: _____

Brief explanation of why nominee should be selected for the award:

Your Name: _____ Phone #: () _____

Address: _____

**Mail to: Professional Nurses District #3
P.O. Box 1171
Elmira, NY 14902
Must be received no later than March 16, 2007**

Professional Nurses District 3 Announces Two Scholarships available!



The Professional Nurses District 3 announces the establishment of two scholarships to provide financial assistance for current members who are furthering their nursing education! The scholarships will be awarded to a registered nurse pursuing a bachelor's degree in Nursing and a registered nurse pursuing a master's degree in nursing. The awards may be used for educational expenses incurred in obtaining an advanced degree. Each scholarship in the amount of \$300 will be distributed beginning in the fall of 2007. To qualify, applicants must complete the required application form available from the District 3 website, www.district3rn.org, or fill out the form on page 8, and submit it to the District 3 selection committee by **June 1, 2007**. Please see the Scholarship Guidelines below:

Professional Nurses District #3 Educational Scholarship Guidelines

A. Policy and Procedure

1. The Board of Directors of the District #3 Professional Nurses Association created the scholarship in 2005. The purpose of the scholarship is to provide financial assistance for members of District #3 who are RNs pursuing a BS Degree with a major in Nursing or an MS Degree with a major in Nursing.
2. The scholarship may be used for educational expenses including, but not limited to: tuition, fees, books, transportation, or other expenses incurred in order to obtain the degree in nursing.
3. The District #3 Board of Directors will administer the scholarship program.

B. Amount of Scholarship

1. The maximum amount for each award is based upon eligible funds and will not exceed \$300.00.
2. Two scholarships will be awarded annually; one to a member pursuing a BS degree with a major in nursing and one to a member pursuing a MS degree with a major in nursing.

C. Application Procedure

1. Applications are available from the District #3 web site.
2. Applications are reviewed as they are received; however, the scholarships will be awarded annually at the September dinner meeting.
3. Applications must be submitted by June 1st of each year. Any applications received after June 1st will be considered for the following year.

D. Selection Procedure

1. The Board of Directors or an appointed sub-committee will review the applications.
2. The selection is based on the following criteria:
 - a. Full membership in District #3 as a registered nurse
 - b. Matriculated in an approved program leading to a BS or MS degree with a major in nursing. Program must be accredited by the NLNAC or AACN
 - c. Review of financial need

E. Notification of Recipients

1. The president will notify scholarship recipients.
The scholarship recipients will be announced at the first dinner meeting in the fall, as well as in the Newsletter.
2. The recipient will be required to submit verification of course enrollment prior to receipt of the scholarship.



Professional Nurses District #3 Educational Scholarship Application

Name: _____ Date: _____

Address: _____

Telephone: _____ e-mail _____

Are you a RN and full member of District #3 Nurses Association? Yes ___ No ___

Employer: _____

Position: _____

Degree you are pursuing _____

Educational Institution _____

Anticipated year of graduation _____

Reason for requesting the District #3 Scholarship

Describe your professional goals.

How will this scholarship contribute to your success in furthering your nursing education?

Describe your current financial arrangements in regards to paying for your educational program. I.e. Tuition Reimbursement, other scholarships, grants, etc.

Please attach your resume and a letter validating your enrollment in a nursing program- submit these with your application to:

Professional Nurses District #3, P.O. Box 1171, Elmira, New York, 14902.
Applications must be submitted by June 1st of each year.

NYSNA Lobby Day 2007 is now online at www.nysna.org/lobbyday!

The New York State Nurses Association (NYSNA) announces Annual Lobby Day on Tuesday, April 17, 2007 at the Empire State Plaza Convention Center in Albany, NY.

Additional noteworthy details follow:

Registration

- The Student Participation in Government **Stipend Application** (for coordinators seeking funding) serves the **same purpose as the Group Registration Coordinator form** (for coordinators not interested in or eligible for funding). You may **request these documents as fill-in enabled forms** in Microsoft Word to complete and submit electronically by calling 1-800-724-6976 x 283 or e-mailing legislative@nysna.org.
- You may **submit group registration lists in any format** (hardcopy or electronic) as long as all requested information for all registrants is included. The form posted online is an example for your use.
- Tremendous interest, limited space and the need to accommodate NYSNA member nurses may necessitate **capping non-member nursing student registration at 1,000**. Those deferred will be placed on a waiting list to be registered in the event of cancellation(s). Groups must be pre-registered and will not be able to register onsite. Please plan accordingly.

Additional Information or Features Coming Soon

- NYSNA will attempt to **publicize a list of the groups registered** on a periodic basis, to facilitate regional coordination. More information is pending.
- NYSNA is developing a **free online continuing education course** about legislative and political activity that will help registrants prepare for the onsite experience. An e-mail alert will be sent to registrants once the course is live!
- Besides distribution in hardcopy on the day of the event, **registrant packets will be made available electronically in advance**, most likely posted online. An e-mail alert will be sent to registrants once the packet is available!
- NYSNA will hold a traditional **debriefing session** onsite during the afternoon of the program; however, this year, **group coordinators may alternatively facilitate offsite**, during their return trips or in the classroom setting, so long as debriefing forms are promptly returned to NYSNA. Guidelines for conducting debriefing will be communicated with faculty at a later date.

DISTRICT # 3 MEMBERSHIP APPLICATION

NEW **RENEWAL**

Date: _____

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone (H) _____

(W) _____

(e-mail) _____

RN License State of: _____

Employer: _____

Are you a member of NYSNA?

Yes _____ No _____

Are you willing to run for an office or sit on the board? _____

**Annual Fee..... RN \$30
..... Retirees \$10**

Please make check payable to District 3

**Mail to: Professional Nurses District #3
P.O. Box 1171
Elmira, NY 14902**

PLEASE NOTE!!!

Your address label contains the expiration date of your membership! Your expiration date is above your name, highlighted in yellow. See sample below!

Exp. 5/07

Jane Doe
Pleasant lane
Anywhere, USA, 11111



ATTENTION!

Do you know of anyone who has done something that deserves special attention? Do you have any pictures or stories you would like to share?

Why not share them here? The District 3 newsletter covers Steuben, Chemung, Tompkins, and Schuyler Counties, and is available on the web! What a great way to network and share your information!

Professional Nurses District 3

P.O. Box 1171
Elmira, New York 14902

Non-Profit Org.
U.S. Postage
Paid
Elmira, NY
Permit No. 400

CHANGING ADDRESS, NAME, E-MAIL, RETIRING?

To keep our records up to date, please notify us in writing at:
Professional Nurses District 3

P.O. Box 1171
Elmira, NY 14902

